



Something for *Everyone...*



I'm so excited, spring is here!

It's been an extra long cold winter for me. I had planned on doing a lot of snowshoeing but unfortunately I broke my ankle and hobbling through the snow with an open toe air cast on one foot and a snowshoe on the other is not my idea of fun, so I did the next best thing...I got caught up on almost all my reading. You know that stack of books that sits next to your favourite chair? Well, I finally got to it!

As I watch and enjoy the signs of spring evolve around my home in the country, listening to the happy chirping of the birds and seeing the crocus and tulip heads poking up through the frosty blanket that keep them safe all winter, it give me hope.

Spring always makes me want to take a deep breath of fresh air. As soon as I can open up my windows and let the stimulating crisp breeze gently flow through my house I know there is no turning back for at least nine months.

In this issue of Women with Vision the feature article on Sue Connell (who is also like a breath of fresh air) took me on a magical journey to an art retreat in Africa. She has gone from one life to another and through her adventures has given back to so many.

Another feature is about two local women to the Town of The Blue Mountains who took a memorable trip to four countries in four weeks. I couldn't include all 800 pictures they showed me but I'm sure you'll enjoy their favourites along with their compact itinerary.

Giving back is very important to me and when I accidentally came across one of my friend's untold stories of her volunteer work I had to write this article to inspire you. Marion Stewart unselfishly gave of her time to help two now very well-known young men, Craig and Marc Keilburger. Marion helped Craig (who was twelve at the time) organize the internationally known "Free the Children". You never know who has a story to tell.

This issue also includes some great spring recipes: one being from the nationally known Canadian chef Scott Gerrie and Royal Winter Fair awarding-winning culinary expert Kate Knox. As well, Shannon Leone keeps us healthy with her raw food delights and of course we threw in something special to make for or with children for Easter.

From up-to-date business, finance and communication insights through to health, wellness, beauty and fashion I'm sure you'll find something of interest in this issue for everyone in the family.

On March 10th my air cast comes off, so if you see me walking about Collingwood please stop and say hello. I can't wait to get out and spread my wings and fly...okay, walking would be good!

Lorraine Leslie
Founder/Publisher

Nominated for  **2005 & 2006**

The feature women about whom I write, have traveled a long, winding road to success – each woman on her own journey; a journey that sometimes hasn't been smooth. These women open their hearts to inspire and motivate other women, of all ages, to follow their dreams and passions...